

Sarah's Bookshelf

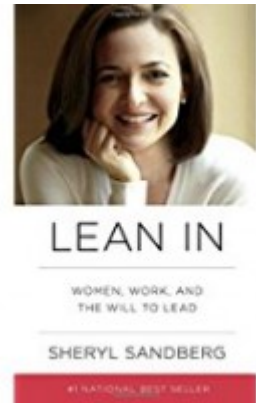
Lean In

Author: Sheryl Sandberg

Reviewed by **Sarah Richardson**



After sitting on my shelf since its release, I finally cracked open the cover of Sheryl Sandberg's 2012 bestseller "Lean In: Women, Work and the Will to Lead" earlier this year. I wish I had done it 5 years ago. It is literally a book you can pick up and read cover to cover in a few hours (if you make the time), though the words stay with you much longer. It delivers multiple 'a-ha' moments and opportunities to deeply think through how the stories apply to both yourself and those around you. It brought me moments of joy, laughter, and awareness, all the while scribbling notes and highlighting passages throughout the journey. This book is a game changer.



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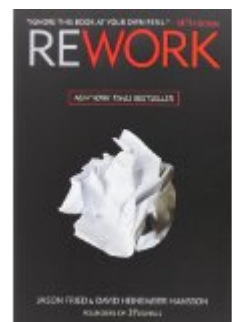
Rework

Author: Jason Fried and David Heinemeier Hansson

Reviewed by **Sarah Richardson**



While some may balk at spending company time to discuss what you would serve in your food truck if you took the entrepreneurial spirit to open one, it connected the team on levels we don't usually make time to explore. One insight we learned



is many of us are excellent cooks and it gave us a greater appreciation for the creativity of our colleagues. With each section we covered, we asked ourselves if we could be doing a better job in our own environment. In many cases the resounding answer was yes. Narrowing down the ideas to pursue without bogging them in bureaucracy was the challenge.

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The Three Signs of a Miserable Job

Author: Patrick Lencioni

Reviewed by **Sarah Richardson**



Patrick Lencioni captivates his audience with his striking ability to carefully weave poignant life and leadership lessons into memorable fables with compelling anecdotes. This book is no exception. Lencioni defines a miserable job as being “...one that makes a person cynical, frustrated and demoralized when they go home at night. It drains them of their energy, their enthusiasm and their self-esteem. Miserable jobs can be found in any industry at any level. Misery spans all income levels, ages and geography.”



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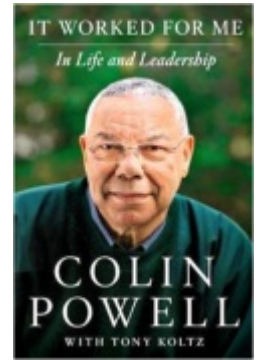
It Worked for Me in Life and Leadership

Author: Colin Powell

Reviewed by **Sarah Richardson**



Not only is Colin Powell's life extraordinary, but so is his viewpoint. Here is a man who has lived in a tumultuous world and who has unabashedly confronted some of the toughest challenges imaginable, yet he has managed to preserve his "true north" authentic leadership compass. In the retired four-star general and former statesman's book, he has compiled his vivid experiences and lessons learned into a compendium of leadership principles and practices. As he conveys his thoughts through exceptional storytelling, he connects with his readers so they can identify with, practically adopt and successfully apply his "Thirteen Rules".



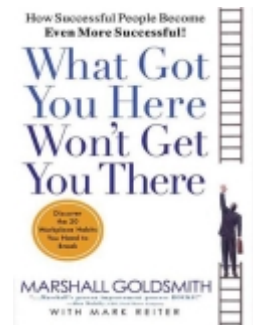
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What Got You Here Won't Get You There

Author: Marshall Goldsmith
Reviewed by Sarah Richardson



Marshall Goldsmith continues to hit a home run with his no-nonsense, authentic, take-it-at-your-own-pace, the-decisions-are-all-yours play book on how to be the most successful leader that you can be. Even for those of us who have strong internal compasses that have enabled the successes we've enjoyed to date, we oftentimes, quite accidentally, get caught up in work and life and somehow lose sight of our correct behaviors as our inner compasses go amuck. Generally we don't even realize when this is happening because we're so entrenched in our "I've been successful – I must be doing something right – why change now!" beliefs. But that's not what the people around us are saying. They're seeing our foibles – those annoying tics or minor flaws that, when repeated over and over again, can



brutally sabotage our careers and relationships. The world's perception of us or "their reality" can be very different than "our reality". To prevent us from getting out-of-sync with the rest of the world and inadvertently falling off of the "bad behavior" cliff, we must reassess, recalibrate and reinvent ourselves. We must continually move from "here" to "there" as we relentlessly strive to be both professionally and personally successful.

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